



Dear Toastmasters!

There were a lot of interesting events on September, 30<sup>th</sup>. If you've missed something, read this issue!

1. A wise enthusiast, **Anna Triapitsina**, presented the **Invocation** quoting Elke Loeffle's words: "If you want to walk fast, walk alone. If you want to walk far, walk together". Anna applied this idea to our Toastmasters community. Going together the way of developing public speaking and leadership skills, we achieve much more thanks to the synergy effect! And an achievement of your friend will be your achievement either.

2. The **Toastmaster** of the meeting, **Irina Chernyaga**,



**CC**, set a mood from the first minutes. No matter what age a man is, what circumstances he is in, he is unique. Irina urged us to evaluate not only certain components of a speech,

but an overall impression of it either. And be sure, the impressions were only positive this evening!

3. "Esoteric" was the **Word of the day** presented by **Oleg Petrov**, who spoke for the first time, but nevertheless coped with his role perfectly! Although the word is not used often in everyday life, the meeting turned to be a real contest, which has been won by **Henry Norman, ATM-S**.

493<sup>rd</sup> meeting, September 30<sup>th</sup>, 2010

### Quote of this issue:

"Leadership is not a one-day thing. It is a constant commitment to excellence, a habit . . . a daily practice.

- John F. Kennedy

4. **Ludmila Benevolenskaya**, the **Joke Master**, told us a joke about esoteric feminist struggle. You can find it in the end of the newsletter.

5. There are a lot of funny, but ridiculous holidays that



you couldn't even imagine, such as Fisherman's day, an International day of Skyscraper or a Left-hander's day. Have you ever known that there is such a celebration as an International Day of Internet?! In comparison to

other "silly" holidays it doesn't sound strange at all, especially today, when we deal with the Internet much more often than with fishermen. And along with the Internet, a host of related services came into our lives. It's symbolic that exactly on this day **Lilia Nurutdinova** presented her 4<sup>th</sup> project «**Social Networks**». Lilia covered the downside of social networking. A man easily gets hooked on such "services", which are made for profit of other people. Under the influence of unhealthy interest dependence he shares his personal information with the whole world. And he may regret about this if someone among his network "friends" uses the information against him.

## Moscow Free Speakers Club



At the end of this speech, Lilia advised frequenters of social networks to give up using them in order to save time, guard own privacy and not to get any unpleasant surprises in the future.

Thank you, Lilia, for this informative and thoughtful speech!

6. The Internet's influence doesn't stop on social networks. We read business papers, daily news, jokes and funny stories, consult doctors and lawyers on-line. We absorb tones of information from the Internet 365 days a year, 24 hours a day. And just as there are stupid holidays, there are also absurd laws that could be found there.

**Valentin Novikov** in his **speech # 7 "Fishing on the giraffe's back"** opened our eyes to the world! We got to know that the value of  $\pi$  is equal to 3.2 not to 3.14 on some territories, that in Arkansas you'll be punished for a wrong pronunciation of the state's name "Arkansas", and that you are not permitted to fish from a giraffe's back in Idaho! This info played a cruel joke with me: I was just going to Idaho! Fortunately, Valentin saved my journey: all he said were retold rumors. He has consistently, in the investigator's manner proved implausibility of the



"facts" listed and through telling jokes appealed to go to original source of info not to rumors heard. There is many a true word spoken in jest, as there were many wise pieces of advice in Valentine's speech full of humor. We'll listen to your advice and refer to primary sources of info, Valentin, when go fishing in Idaho on vacations!



7. **Ilya Volin**, the 3<sup>rd</sup> speaker, started his 8<sup>th</sup> **project** with quite a philosophical question "What is life?" But in the active and energetic Ilya's performance, such a

beginning couldn't mean boring thoughts! All ingenious is simple. So, Ilya managed to explain life in four words: Love, Integrity, Freedom and Evaluation. Everything starts with love. It is an integral part of life as well as freedom, because only in this state we are able to create, to act, to inspire. And the last, but not the least, component is evaluation. It implies analyzing our deeds and actions, making conclusions and chalking out ways for further development. According to Ilya, evaluation is the most powerful tool to improve someone's life. Therefore, he advised to be forgiving while evaluating others and to look at life positively. "If you can imagine it, you can achieve it. If you can dream it, you can become it", they say. Let's keep this motto in mind while on the way to our goals!

## Moscow Free Speakers Club



8. **Valeria Kholodkova, CC, AL-B**, as the **General**



**Evaluator** evaluated the meeting on the whole as well as gave strict but fair and valuable feedback to the key participants, speakers. As always, Valeria drew our attention to the organization and provided useful advises for

future projects.

### *Evaluations:*

9. **Ekaterina Sidorenko**, one of our most active members, combined her Secretary Job with the mission of personal evaluation. It's not so easy to give feedbacks and identify the area for improvements for the experienced speakers. Lilia Nurutdinova was lucky to have such an unbiased judge as Ekaterina, who noted the following points:

- + *good preparation;*
- + *personal experience and examples shared;*
- *nervousness, unnecessary pauses.*

10. **Evgenia Maseeva**, the Personal Evaluator of Valentin Novikov, mentioned that he always has very interesting and substantial projects. Evaluation is a difficult task, but Evgenia performed it great. She acknowledged that the speech has been delivered very vividly with an appropriate body language. She also pointed out:

- + *good structure;*
- + *intriguing topic;*
- + *good research of the topic;*
- + *good vocal variety;*
- *nervousness.*

11. **Lilia Nurutdinova**, the first speaker of the meeting, also agreed to evaluate Ilya Volin's project "Use visual aids". In the statement in regards to his speech, Lilia noted:

- + *good vocal variety;*
- *poor visuals;*
- *delivery far from the objectives of a project.*

12. **Nadine Voronich**, the **Table Topics Master**,



conducted her part in a form of a game to examine people's preferences to forms of real estate, houses and areas to live. We discussed advantages and disadvantages of living in villas, penthouses, "Stalin"

houses in Moscow and townhouses. We discussed what are the things that have to be taken into consideration when choosing a home. People played the game with visible pleasure and actively shared their ideas about how to choose a place to settle. The winner of the Table Topic discussion became our guest

**Karl Norstein.**

*See you soon!*



### *Points:*

<b>Irina Chernyaga, CC</b> (Toastmaster)	<b>4.3</b>
<b>Lilia Nurutdinova</b> (Speaker 1)	<b>8.2</b>
<b>Valentin Novikov</b> (Speaker 2)	<b>9.4</b>
<b>Ilya Volin</b> (Speaker 3)	<b>6.5</b>
<b>Ekaterina Sidorenko</b> (Personal Evaluator 1)	<b>8.0</b>
<b>Evgenia Maseeva</b> (Personal Evaluator 2)	<b>8.5</b>
<b>Lilia Nurutdinova</b> (Personal Evaluator 3)	<b>9.0</b>
<b>Valeria Kholodkova, AL-B, CC</b> (General Evaluator)	<b>9.7</b>
<b>Nadine Voronich</b> (Table Topics Master)	<b>8.7</b>
<b>Meeting as a whole</b>	<b>8.0</b>

### *Joke of the Day:*

Winston Churchill was the ardent enemy of emancipation. Once, on one of royal family receptions he has got into dispute with the head of the society of British feminists. Feminists considered that all the men are engaged is accessible to women. They defended their rights to smoke, wear trousers, ride the horse in the men's manner and so forth. Churchill long listened to all this and then has wearily noticed:

— I am a man. And I would not like to see after tiresome working day the wife-theorist, who argues on women's rights instead of making me a deserved cup of coffee.

Feminist has flown into a rage and has blurted out:

— If you were my husband, I'd poison your coffee!

Round an arguing couple the dead silence was established. All waited for the reaction of the prime minister of Great Britain.

Churchill has attentively looked through the semicovered eyelids and has answered:

— If you were my wife, I'd drink it.

*By Ludmila Benevolenskaya*